

**St. Joseph Seminary**  
**Weekly Schedule 2015 – 2016**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Regular Friday</b>	<b>FIRST FRIDAY</b>	<b>Saturday</b>	<b>Sunday</b>
6:30 am	Morning Prayer	Morning Prayer	Morning Prayer	Morning Prayer	Morning Prayer	Meditation	9:00 am Rosary 9:20 am Cleaning 11:00 am Room Inspections	Eucharist in Parishes
6:45 am	Eucharist	Eucharist	Eucharist	Eucharist	Eucharist			
7:00 am						Morning Prayer		
7:30 am	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast		
8:30 – 11:20 am	<b>CLASS</b>	<b>CLASS</b>	<b>CLASS</b>	<b>CLASS</b>	<b>CLASS</b>	<b>CLASS</b>		
11:30 am						Eucharist (Open to Public)	Eucharist	
12:00	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
1:15 – 4:05 pm	Human Formation	<b>CLASS</b>	<b>CLASS</b>	<b>CLASS</b>	<b>CLASS</b>	<b>CLASS</b>		
4:00 pm					Community Meeting	Community Meeting		
4:30 pm		Rector's Conference/ Music Practice		Evening Prayer and Adoration	Evening Prayer and Group Meeting	Evening Prayer and Group Meeting		
5:15 pm	Evening Prayer	Evening Prayer	Evening Prayer					
5:30 pm	Supper	Supper	Supper	Supper	Supper	Supper	<b>5:00 pm Supper</b>	<b>5:00 pm Supper</b>
6:30 – 8:00 pm	Study Time	Sports Evening	Study Time	Sports Evening	Community Night	Community Night		
8:30 – 9:00 pm	Night Prayer (Mandatory for Philosophers and Propaedeutic, Optional for others)	Night Prayer (Mandatory for Philosophers and Propaedeutic, Optional for others)	Night Prayer (Mandatory for Philosophers and Propaedeutic, Optional for others)					
10:00 pm	<b>GRAND SILENCE</b>	<b>GRAND SILENCE</b>	<b>GRAND SILENCE</b>	<b>GRAND SILENCE</b>	<b>GRAND SILENCE</b>	<b>GRAND SILENCE</b>	<b>GRAND SILENCE</b>	<b>GRAND SILENCE</b>

N. B. Seminarians are expected to build at least 30 minutes of silent prayer or meditation into their schedule each day.